



MenoRhythm Tablets

Active Ingredients

EACH COATED TABLET CONTAINS

Vitex Agnus-Castus (Chaste tree)

Conc. extract equiv. to dry fruit2.0gm

Asparagus Racemosus (Shatavari)

Conc. extract equiv. to dry root1.1gm

Providing 15% Saponins

Withania Somnifera

Conc. extract equiv. to dry root3.0gm

Providing 1.5% Withanolides

Glycine Max (Soy isoflavones)

Conc. extract equiv. to dry seed3.0gm

Providing 50% isoflavones glycosides

Calculated as Genistin and Daidzin 50mg

ADULTS:

Take 1 tablet daily or as directed by your healthcare professional.

Herbal supplement, take only as directed.

Keep out of reach of children.

HISTORY:

Herbs which have traditionally been used for over a thousand year are used in MenoRhythm™ and makes it an alternative medication, close to nature.

Chaste berries are native to Greece and Italy. They were traditionally used in western medicine for premenstrual syndrome, menopausal symptoms and to stimulate lactation. Hippocrates, the father of western medicine, (460-377 B.C.) once wrote, "If blood flows from the womb, let the woman drink dark wine in which the leaves of the vitex have been steeped."

Asparagus Racemosus, traditionally known as Shatavari also known as "Queen of Herbs" because it promotes love and devotion. The roots of Asparagus Racemosus have been traditionally used as a female tonic.

Withania Somnifera has been used in Ayurveda for hundreds of years as an adaptogenic herb for physiological and psychological stress relief. It is said to give the strength of horses as the name suggest "Ashwagandha", an Indian Ginseng.

Soy has been a dietary staple for at least 5000 years in Asian countries. Modern studies and clinical trials unveil the other side of Soy and its components as medicinal ingredients.

INDICATIONS:

Relief of hot flushes associated with menopause.

Asparagus Racemosus (Shatavari) is traditionally used in Ayurvedic medicine as a female tonic.

Vitex Agnus-Castus (Chaste Tree Berry) is traditionally used in Western Herbal Medicine to help relieve symptoms of menopause.

Withania Somnifera (Ashwagandha) is traditionally used in Ayurvedic medicine as an adaptogen (help the body adapt to stress) and as a rejuvenating tonic (Rasayana).

FORTE:

Menopause, the change of life, when the reproductive age ends for a woman with unpleasant symptoms, mainly hot flushes, vaginal changes and mood swings, due to hormonal imbalance. MenoRhythm™, enriched with phytoestrogens and adaptogen, helps to relieve hot flush associated with menopause. Vitex Agnus-Castus and Soy isoflavones contain phytoestrogens which have estrogen-like effects in the body. They help to relieve symptoms like hot flushes. Asparagus Racemosus is a female tonic with steroidal saponins is traditionally used in Ayurvedic Medicine. Withania Somnifera is an adaptogen and its constituents mainly Withaferin-A and Withanolide-D are traditionally used in Ayurvedic medicine as an adaptogen and as a rejuvenating tonic. MenoRhythm™ provides an optimized blend of herbs to help manage, support and improve the quality of life during menopause phase of a woman's life.

“SPREADING JOY AND POSITIVITY WITH STRENGTH AND ENTHUSIASM”

PRECAUTIONS AND INTERACTION:

Use only as directed and always read the label instructions.

If you are taking any prescription medication, consult your healthcare professional.

If symptoms persist, consult your healthcare professional.

Keep it out of reach of children, not suitable.

Do not use or discontinue if you are allergic to any of the MenoRhythm™ components.

Herbal supplement, take only as directed.

MenoRhythm™ is free from dairy, gluten, lactose, shellfish, yeast, artificial color, flavor and preservatives.

